

## Standing Program

### PHYSICAL THERAPY WAIVER

Dear Physical Therapist,

Your patient, \_\_\_\_\_, would like to use a standing frame and participate in the Rancho Wellness Center Standing Program. In order to participate, the patient requires a doctor's prescription and medical clearance from contraindications to standing and the patient requires a physical therapy evaluation to assess the following participation criteria:

1. Hip, knee, and ankle joint range of motion adequate for use of the standing program
2. Spasticity, if present, does not prevent user from easily standing
3. Physiologic responses with prolonged standing are safe for continued use

#### **TO BE COMPLETED BY PARTICIPANT**

I, \_\_\_\_\_, authorize my physical therapist to release the following requested information to Rancho Los Amigos National Rehabilitation Center and to the Los Amigos Research and Education Institute, Inc. for the purpose of participating in the Don Knabe Wellness Center.

\_\_\_\_\_  
**Signature of participant**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Signature of Guardian or parent if minor**

#### **TO BE COMPLETED BY PHYSICAL THERAPIST** (Initial the appropriate line below)

Patient \_\_\_\_\_ has a prescription to participate in the Don Knabe Wellness Standing Program has a written medical clearance for the contraindications to use of this equipment.

- Patient has **no limitations** to participation. \_\_\_\_\_ (PT Initials)
- Patient has **limitations to participation**, however if patient adheres to these limitations, s/he is cleared to participate, Limitations are as follows: \_\_\_\_\_  
\_\_\_\_\_ (PT Initials)

\_\_\_\_\_  
**Physical Therapist Name (Please Print)**

\_\_\_\_\_  
**Phone Number**

\_\_\_\_\_  
**Physical Therapist Signature**

\_\_\_\_\_  
**Date**